

Nursery checklist

Use this handy guide to get your baby's nursery set up before they arrive.



Bassinet

For the first 6 months, your baby should sleep by your side in a bassinet in your bedroom.

Cot and mattress

The mattress should be firm and fit very snugly. You'll also need a couple of fitted sheets and a waterproof mattress protector. Do not use pillows or quilts.

Change table

Any firm surface will do for getting your baby changed, but a change table can be really useful to have everything you need stored in the one place and also is usually the ideal height.

Chest of drawers

It won't take long for you to have a stack of clothes for your baby.

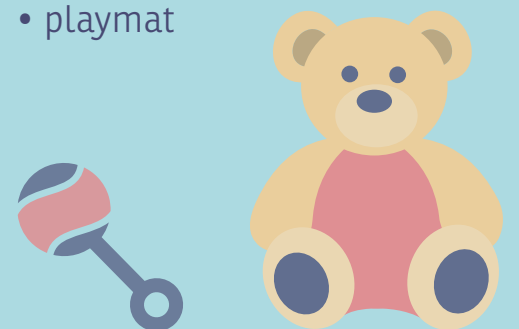
Clothing and accessories

- 6 jumpsuits (all-in-ones) for the day
- 2 nightdresses or jumpsuits for the night
- 2 cardigans or jackets (for winter) - light wool or cotton
- 6 singlets
- 3 tops
- couple of cotton hats
- few pairs of socks
- sun hat for outside
- 4 sets of cotton sheets (preferably fitted)
- 3 cotton blankets (for winter) or muslin wraps (for summer)



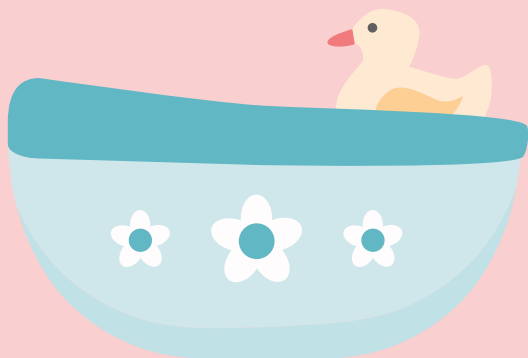
Other ideas

- night light
- baby monitor
- playmat



Bath time

- bathtub (or you can use a regular bath or kitchen sink!)
- baby towels (thinner and usually have a hood)
- face washers



Getting out of the house

- pram
- car seat - properly fitted and to Australian Standard
- nappy bag - stocked with all the essentials
- baby carrier



* Make sure all baby equipment meets the Australia/New Zealand Standards